

MINT CHIP SMOOTHIE

Ingredients: (makes 1 servings)

- 1/2 cup spinach
- 1/2 cup mango
- 1/2 cup pineapple
- 2 tablespoons greek yogurt
- 1 scoop vanilla protein powder
- 1 tablespoon spirulina powder
- 1 scoop collagen
- 1 tablespoon peppermint extract
- 3 tablespoons cacao nibs



Instructions:

1. Blend spinach, mango, pineapple, greek yogurt and peppermint extract in a blender
2. Add collagen, protein powder and spirulina powder and blend for only 10-20 seconds
3. Top with cacao nibs and enjoy! :)

